



How a little went a long way...

Summary of distributions – here is how you helped last year for Qurbani

Country	Qurbanis	Beneficiaries	Type of Animal
Afghanistan	1,418	26,000	Sheep
Albania	105	2,212	Cows
Bangladesh	6,832	408,900	Cows
Bosnia	1,807	54,210	Frozen sheep
Chad	5,404	84,055	Cows
Chechnya	1,500	45,000	Frozen sheep
China	497	10,798	Cows
Egypt	28	3,750	Cows
Ethiopia	6,439	128,780	Sheep
India	10,948	391,000	Cows and buffalos
Indonesia	133	15,804	Cows and goats
Iraq canned	2,562	73,000	Canned sheep
Iraq fresh	158	7,000	Sheep
Jordan	52	1,750	Sheep
Kenya	8,000	80,000	Sheep and goats
Kosovo	690	20,700	Frozen sheep
Lebanon	210	13,470	Cows
Malawi	333	4,445	Cows and goats
Mali	1,421	25,375	Cows and goats
Niger	1,477	29,540	Cows
Pakistan	4,543	109,032	Cows
Palestine	9,823	279,743	Canned sheep
Palestine fresh	224	14,368	Cows
Somalia	4,632	107,375	Sheep and goats
South Africa	174	16,860	Sheep
Sudan	1,729	21,729	Cows
Yemen	452	9,225	Goats
TOTAL	71,668	1,984,121	

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Ramadan & Qurbani

Last year, Islamic Relief helped 2.7 million people through these 2 programmes. Using your generous donations, we have been able to implement what are Islamic Relief's 2 largest annual projects.

We at Islamic Relief would like to thank you! We have been actively fundraising within communities like yours; through Mosques and other centres, where people like you have taken the time to listen, and have made countless sacrifices to help the less fortunate.

The Muslim community is a generous one Masha'Allah, and have been very welcoming as we worked to spread the message of the poor, and their stories of hope in the face of adversity.

May Allah bless you and your families abundantly for all the efforts you have made for others; both in this country and abroad.

Ramadan

Islamic Relief's Ramadan Programme offers needy people around the world a 'Ramadan Food Packet' which ensures that their burden is eased during the month of Ramadan.

Method of Implementation

The programme is designed so that it works alongside all of our other relief and development work. This allows us to help only those who need it, and therefore frees up money which we use for other things like building schools and hospitals, and training teachers, doctors, and nurses.



Contents of the Food Packs

The contents vary from country to country simply because people in different countries eat different things. Items distributed in the various countries include: rice, lentils, sugar, oil, dates, tea, and flour. **All food packs are designed to feed an average family of 5 for a whole month.** We buy items locally so that local businesses can flourish, and so we can provide what people are used to eating.

Beneficiaries

Last year a wide range of beneficiaries were selected to benefit from both Ramadan and Qurbani programmes: they included widows, the aged, refugees, orphans, the disabled, and of course and people affected by disasters.

Islamic Relief's beneficiaries are selected together with local welfare groups; this helps to ensure that those who most need help will receive it and aid isn't duplicated – so more people receive help.

Islamic Relief aims for a caring world where the basic requirements of people in need are fulfilled.

What is Islamic Relief?

It is an international relief and development charity that aims to help the world's poorest people. Islamic Relief is an independent Non-Governmental Organisation (NGO), and has been helping people around the world for nearly 25 years.

As a member of various other national and international bodies, including BOND (British Overseas NGOs for Development), and the DEC (the Disaster's Emergency Committee), Islamic Relief is recognised worldwide as a responsible guardian of charitable donations.

We work closely with the United Nations to help the world's poorest people; and as signatories to the Red Cross Code of Conduct, we pledge to help people of all backgrounds and colours; in other words, Islamic Relief doesn't only help Muslims!

Where does Islamic Relief work?

The charity currently has field offices in Afghanistan, Albania, Bangladesh, Bosnia, Chechnya, China, Egypt, Kosovo, Indonesia, Mali, Pakistan, Palestine, and Sudan, and carries out further projects in Azad & Jammu Kashmir, Ethiopia, Iraq, Jordan, Kenya, India, Somalia, and Yemen.

What does Islamic Relief do?

As well as responding to disasters and emergencies, we work very hard to ensure that our beneficiaries do not become dependent on charitable aid. We implement work training programmes and offers interest-free loans so people can start their own businesses and look after themselves.

We build houses for people to live in, and work closely with local communities to make sure that they have a say in how money should be spent in their areas – they are the ones who will live there after all.

Islamic Relief is therefore a charity whose workers try very hard to ensure that people will never again need to ask for charity...

THANK YOU

Without YOU, all these beneficiaries would also spend Ramadan and both Eids missing out on the things we take for granted.

Thank you for helping them experience a more normal existence from the one they are usually facing.



call 0800 520 0000, (0208 531 6752 from mobiles)

www.islamic-relief.org.uk

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UPDATE
Ramadan & Qurbani 2007

Case Study 1

When Bibi Khadija married at the age of 18, life in Afghanistan was very different to how it is now. Within a few months of her wedding, Russia had invaded the country, her husband was forced to join the army, and life had begun to dramatically deteriorate. In 1983, the couple fled to Pakistan.

Fifteen years later, the couple decided to return to their home in Kandahar City only to be told that their house had been totally destroyed. Forced to live in a tent with their 3 young children, they remained determined to rebuild their family home on the same site.

One day shortly after returning to Afghanistan, Bibi and her husband were moving rubble. The movement unknowingly detonated a hidden land-mine. Bibi's husband was killed instantly by the explosion whilst the serious back injuries that she incurred left her paralysed in both legs. "I just received first aid treatment; if I had money, I would have been treated by professional doctors in the neighbouring countries – and I would not be crippled."

Now 45 years old and struggling against continued food and water shortages and against growing poverty, Bibi remains just as committed to caring for her family. Her day is long and hard; balancing her duties as a mother with a job weaving and sewing clothes to try to raise the funds necessary to cover her family's basic needs.

"I cannot walk, so I use a wheelchair," says Bibi. "My daughter who is 13 years old helps me filling the water pots for washing

the dishes, mixing-up the wheat flour and making tea." Bibi's sons – aged 11 and 9 – help their mother by collecting dung from streets and grazing areas to use as fuel for cooking and keeping warm.

Despite every day being a collective family effort, the future for Bibi and her children remains critical. "If my family does not receive any support then our lives will be very difficult. Life without having basic food items, water, clothes... my words cannot express the terrible condition of our lives."

Islamic Relief is helping Bibi and others like her as part of its Feed the Needy Programme that started in Ramadan 2005. Supporting her on a monthly basis; Islamic Relief provides Bibi with basic food items such as wheat, flour, rice, cooking oil, sugar, and tea.

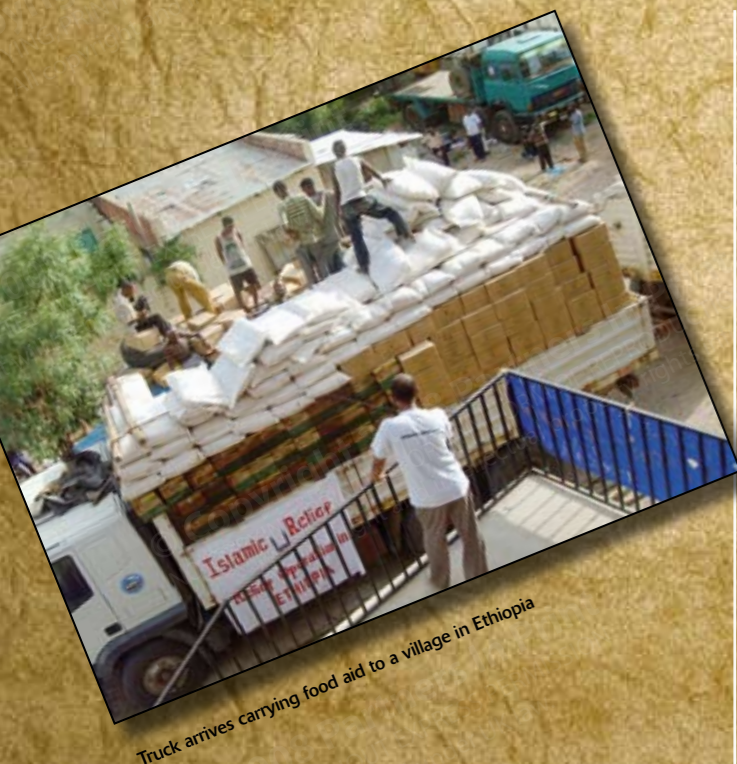
This programme is just one aspect of Islamic Relief's work in Afghanistan. Despite ongoing insecurity and military activity in the country, a reality that has unfortunately forced other aid agencies to leave the area, Islamic Relief staff and volunteers have remained active across Central and Southern Afghanistan since 1992. In addition to food and clothing being distributed, Islamic Relief has provided emergency response to natural disasters, drought relief, as well as development projects such as water & sanitation and micro-credit schemes.

Despite the situation being bleak, Bibi remains optimistic and hopeful for her children: "I hope my children will be well-educated and they will be able to feed their families..."

Summary of distributions

here is how you helped last year for Ramadan

Country	No. of Packs	Beneficiaries
Afghanistan	4,900	24,500
Albania	2,324	11,620
Bangladesh	9,025	45,125
Bosnia & Herzegovina	2,250	11,250
Chad	3,000	15,000
Chechnya	6,100	30,272
China	1,800	8,176
Egypt	4,102	20,510
Ethiopia	4,200	21,000
India	5,500	27,500
Indonesia	9,334	36,419
Iraq	17,400	95,400
Jordan	2,150	10,660
Kenya	1,474	8,844
Kosovo	900	6,044
Mali	4,588	22,940
Niger	8,886	62,202
Pakistan	8,350	58,450
Palestine	20,000	140,000
Somalia	3,070	18,120
Sudan	24,041	120,205
Yemen	2,738	13,690
TOTAL	146,132	730,660



Truck arrives carrying food aid to a village in Ethiopia

Qurbani

Islamic Relief started this project in 1986 with 670 Qurbanis having been performed. The project has been increasing in size since then until last year when over 71,000 Qurbanis were performed, and over 1.5 million people in 25 countries around the world benefited.

Method of Implementation

As with previous Qurbani projects, last year we delivered the Qurbani meat through 3 different methods. The method chosen for a country depends on several factors including cost, availability of livestock, logistics and the current situation of that country e.g. war, famine or natural disaster.

1. Fresh meat distribution:

The majority of countries fall into this category. Animals are purchased locally, then slaughtered and the meat is distributed amongst the selected beneficiaries. The process is completed during the days of Eid and, under exceptional circumstances, by the end of Dhul Hijjah.

2. Canned meat distribution:

In the last Qurbani distribution, 2 countries received canned Qurbani meat *as live Qurbanis in these countries would have dangerously reduced their animal stocks*. The Qurbanis were performed in Australia; the meat was then canned, and then shipped to the relevant countries. Each can contains 454 grams of meat and is already cooked at the time of canning. The cans have a shelf life of 4 years, so it helps people store the meat to use over a longer period of time if they need to.



Qurbani canning process in New Zealand

3. Frozen meat distribution:

The animals are slaughtered; the meat is then frozen and is shipped to the relevant countries. This year, this method of Qurbani was performed in Australia and the meat was then shipped to Chechnya, Bosnia and Kosovo. *Live in-country Qurbanis would not only have affected the animal stocks, but would also have been too expensive*. Canned Qurbanis are also not culturally appreciated in these countries.



Packets of meat ready for distribution

Case Study 2

Bibi Amina (50) lives with her disabled husband and 5 children in Kandahar City, Afghanistan. She is a beneficiary of both Ramadan and Qurbani programmes.

Bibi's husband was injured in the conflict and as a result is now paralysed, despite having several operations. Her son was killed and the family's home was destroyed. They now live in a mud hut consisting of a single room.

Life is now very difficult for Bibi as she has to beg at a nearby shrine in order to survive. She also finds odd jobs such as washing carpets and attending births. Her children do not go to school as they have to work as labourers. The family earns around 1,500 AFN per month, which is about £17.

Bibi is extremely grateful to Islamic Relief for the food package, which provided the family with food for 2 months.

She says:

"I used to break my fast with Islamic Relief dates, and cooked Qurbani meat. I had forgotten the taste of meat because I had not had any for many months." She also managed to save some money, as she did not have to buy food items such as rice, flour, sugar and oil.